SOFTWARE & TECH

Dolores Cannon Books In Chronological Order

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Exploring the Legacy of Dolores Cannon: A Guide to Her Books in Chronological Order

Dolores Cannon was a truly unique voice in the world of metaphysical literature. For decades, she captivated readers with her groundbreaking work in past-life regression, quantum healing, and the exploration of human consciousness. Her books, born from thousands of hypnotherapy sessions, offer a vast and interconnected body of knowledge that touches on everything from the nature of the soul to the history of our planet. For anyone new to her work, or for long-time followers looking for clarity, one of the most common questions is this: what is the correct sequence of **Dolores Cannon books in chronological order**? Understanding this progression is key to appreciating the evolution of her discoveries.

Reading her works in the order they were written allows you to witness the gradual unfolding of her unique methodology and the expansion of the information she received. Her early books lay the foundation, introducing core concepts like reincarnation, the afterlife, and the spiritual hierarchy. Later volumes build upon these ideas, delving into more complex topics such as parallel universes, ancient Earth history, and the coming shift in human consciousness. This article will serve as your definitive roadmap, guiding you through the fascinating journey of her published works from her first tentative steps to her most profound final theories.

Please note that while the focus is on her non-fiction work, which forms the core of her legacy, her fiction also contains many of the same themes and is worth exploring for a complete picture. The following list presents her major books in the order they were first published, providing a clear pathway through her incredible body of work.

The Early Works: Laying the Foundation (1968 - 1993)

The story of Dolores Cannon as an author begins not with a planned career, but with a personal curiosity. Her early books are characterized by a focus on straightforward past-life regressions and the experiences of the soul between lives. These texts are accessible entry points for any reader, as they tackle the most fundamental questions about life, death, and our purpose here.

Five Lives Remembered (1968 / 1986)

This is where it all began. Originally self-published under a different title, *Five Lives Remembered* is Dolores's first foray into documenting her hypnotherapy work. The book details the past-life regressions of a single subject, revealing five distinct incarnations. While a bit rougher around the edges compared to her later works, this book is absolutely essential for understanding the genesis of her interest and her early techniques. It introduces the idea that our current life problems often stem from unresolved traumas in past lives, a theme she

Dolores Cannon books in the chronological order This is the cornerstone of the

Conversations with Nostradamus, Volume I, II, and III (1989, 1990, 1997)

Perhaps her most famous early work, this trilogy began by pure chance. While regressing a client, Dolores was surprised to find herself communicating with the spirit of the famous French seer, Michel de Nostradamus. The information channeled through the subject went far beyond simple predictions. It provided elaborate interpretations of Nostradamus's original quatrains, explaining the hidden meanings and correcting common misinterpretations. The first two volumes were published in the late 80s and early 90s, with the third volume following a few years later. This series was a major turning point, demonstrating that her sessions could access intelligence far beyond a normal human consciousness. Reading these volumes as part of the **Dolores Cannon books in chronological order** shows a clear expansion in the scope of her source material.

Between Death and Life (1993)

This book is a cornerstone of Dolores Cannon's entire philosophy. As the title suggests, it explores what happens to the soul after physical death and before its next incarnation. Based on hundreds of sessions, *Between Death and Life*offers a detailed and comforting map of the afterlife. It describes the process of reviewing your life, meeting with spirit guides and a council of elders, planning your next life, and choosing your next body. The information is presented in a systematic and logical way, making complex spiritual concepts feel clear and understandable. For many readers, this is the single most impactful book in her entire bibliography, and it is a must-read before moving on to her more advanced work.

Keepers of the Garden (1993)

Published in the same year as *Between Death and Life*, this book expands the view from the individual soul to the entire cosmos. *Keepers of the Garden*delves into the concept of humanity's origins, suggesting that our DNA was seeded and guided by a variety of extraterrestrial races. This book is not about little green men; it is a sophisticated spiritual history that positions Earth as a "garden" project under the care of higher-dimensional beings. It introduces the idea of the "Library of Knowledge" and the "Akashic Records," concepts that become very important in her later writings. This book marks the moment where her scope moves firmly from personal healing to cosmic history.

Expanding the Scope: Ancient Civilizations and Cosmic History (1995 - 2001)

During this period, Dolores Cannon's speciality, QHHT (Quantum Healing Hypnosis Technique), was fully developed. The books from this era are characterized by detailed narratives of life in ancient times and more complex spiritual revelations. The **Dolores Cannon books in chronological order**during this phase show a remarkable consistency in the core messages, even as the settings become more exotic.

The Legend of Starcrash (1995)

While technically a work of fiction, *The Legend of Starcrash* is based on information channeled during a hypnosis session. It tells the story of an extraterrestrial being who crash-landed on Earth in ancient times and became a key figure in the development of human civilization. This book weaves together elements of history, myth, and science fiction, and it serves as an excellent narrative companion to the non-fiction *Keepers of the Garden*. It demonstrates Dolores's ability to turn the information from her sessions into a compelling story.

Jesus and the Essenes (1996)

This book is a deep dive into the life and times of Jesus Christ, as seen through the eyes of a contemporary who was a member of the Essene community. The information comes from a past-life regression of a subject who claimed to have lived during that period. The book provides a rich, detailed, and humanizing account of

Jesus's life, his teachings, and the spiritual environment of the time. It emphasizes that Jesus was a highly advanced soul who came to teach a specific form of spiritual truth, and that his original teachings were later altered. This is a pivotal work for readers interested in alternative Christian history.

A Soul Remembers Hiroshima (1996)

This is a profoundly moving and unique book in her collection. A young woman comes to Dolores with a fear of fire and a recurring dream of a blinding light. Through regression, she uncovers a stunning past life: she was a man, a Japanese actor, who perished in the atomic bombing of Hiroshima. The details of the explosion, the immediate aftermath, and the soul's journey after death are described with haunting clarity. This book is a powerful testament to the reality of past lives and the lasting trauma of war. It is a short read, but it leaves a deep impression.

They Walked with Jesus (1997)

Continuing the theme of ancient times, this book presents the past-life memories of two different women who lived in the Holy Land during the time of Christ. One was a close friend of Mary Magdalene, and the other was a man who witnessed many of Jesus's miracles. This book complements *Jesus and the Essenes* by offering a different vantage point. It focuses more on the day-to-day reality of life in that era and the personal impact of being in the presence of a master teacher. The **Dolores Cannon books in chronological order**from this period paint a very complete picture of that ancient time.

The Convoluted Universe and Beyond (2001 - 2011)

This is the era where Dolores Cannon's work enters its most complex and challenging phase. With *The Custodians* and the *Convoluted Universe*series, she moves beyond linear time and into the true quantum nature of reality. These books are not light reading; they require an open mind and a willingness to question everything you think you know.

The Custodians (2001)

Often considered her most controversial book, *The Custodians*tackles the subject of UFOs and alien abductions head-on. However, Dolores's perspective is radically different from the fear-based narratives often seen in popular culture. Through her regressions, she discovered that what people recall as "abductions" are often spiritual experiences or soul contracts designed for growth. She introduces the concept of the "Custodians," a group of beings who are helping humanity evolve. This book is a must-read for anyone interested in a non-traditional, spiritually-focused view of the extraterrestrial phenomenon.

The Convoluted Universe, Book One (2001), Book Two (2004), Book Three (2008), Book Four (2010)

This is the magnum opus of Dolores Cannon's life work. The *Convoluted Universe* series is not a set of light, easy-to-follow books. They are dense, challenging, and packed with mind-bending concepts. The series explores ideas such as the multiverse, the nature of reality as an illusion, the existence of other dimensions, the creation of the universe, and the concept of "source." The information in these books is abstract and theoretical, often coming from the "Subconscious" (a term Dolores used for a higher level of consciousness). These volumes are the culmination of all her previous work, weaving together reincarnation, the afterlife, and cosmic history into a single, unified theory of everything. Reading the **Dolores Cannon books in chronological order** will prepare you for the complexity of this series.

The Three Waves of Volunteers and the New Earth (2011)

This was the last book published before Dolores Cannon passed away. It is a direct follow-up to the ideas presented in *The Convoluted Universe*. The book describes a plan for the transformation of Earth and humanity. It identifies three distinct "waves" of volunteers who have come to Earth at this time to help with the transition to

a "New Earth." These individuals are often described as having a deep sense of homesickness, a feeling of not belonging, and a

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