SOFTWARE & TECH

Da 3355 Promotion Point Worksheet

PUBLISHED
November 25, 2026

REFERENCE
#1795581773041062

Understanding the DA 3355 Promotion Point Worksheet: Your Guide to Army Advancement

For enlisted Soldiers in the United States Army, the path to promotion is paved with preparation, documentation, and strategic planning. At the heart of this journey for those seeking to advance from the ranks of Specialist to Sergeant and beyond lies a critical document: the **DA 3355 Promotion Point Worksheet**. This form is not merely a piece of paperwork; it is the official scorecard that determines your eligibility and competitiveness for promotion. Understanding every section of the DA 3355, how points are calculated, and how you can maximize your score is essential for any Soldier serious about career progression. This comprehensive guide will walk you through the purpose, structure, and strategic importance of the Promotion Point Worksheet, ensuring you have the knowledge to take command of your own advancement.

What is the DA 3355 Promotion Point Worksheet?

The DA Form 3355, officially titled the "Promotion Point Worksheet," is the standardized form used by the United States Army to compute and record a Soldier's promotion points. These points are the primary metric used to determine who gets promoted to the ranks of Sergeant (E-5) and Staff Sergeant (E-6). The worksheet consolidates a Soldier's entire career profile into a single numerical value, reflecting their military education, experience, physical fitness, awards, and time in service. It is a living document that must be maintained and updated by the Soldier, reviewed by their chain of command, and ultimately used by promotion boards to select the most qualified candidates. The DA 3355 is more than just a form; it represents your professional narrative and your readiness for increased responsibility.

Why is the DA 3355 Crucial for Promotion?

In the Army's promotion system, every Soldier competes against their peers. The number of promotion slots available each month is limited, and the competition is fierce. The DA 3355 provides an objective, quantifiable way to rank Soldiers. Your total promotion points determine your standing on the promotion list. Soldiers with higher point totals are promoted first as slots become available. Without a properly completed and accurately reflecting DA 3355, you are effectively invisible to the system. You cannot be considered for promotion if your worksheet is incomplete or outdated. Therefore, mastering the DA 3355 is not an option; it is a requirement for career advancement. The form ensures that promotions are based on merit, rewarding those who have invested in their professional development, maintained their physical fitness, and demonstrated leadership potential.

Breaking Down the Key Sections of the DA 3355

The DA 3355 is divided into several distinct sections, each awarding a maximum number of points. Understanding where these points come from is the first step in building a high-scoring worksheet. The total possible points have varied over the years with regulatory changes, but typically, a Soldier needs a competitive

score well above the cutoff for their Military Occupational Specialty (MOS). Let's examine the core components.

Military Education and Training Points

This section awards points for completing structured Army schools and courses. The most significant points here come from the Basic Leader Course (BLC), which was previously known as the Warrior Leader Course (WLC). Successfully graduating from BLC is mandatory for promotion to Sergeant (E-5) and awards a substantial number of points. Additionally, completing other military courses, such as the Structured Self-Development (SSD) program, also adds to your total. It is crucial to ensure that all your completed courses are entered correctly into your official Army records, as the DA 3355 pulls directly from the Army's personnel database. Common courses that contribute points include the Primary Leadership Development Course (PLDC), the Basic Noncommissioned Officer Course (BNCOC) for senior grades, and various functional courses like Airborne or Air Assault School, which, while not awarding promotion points directly, can make you a more competitive candidate overall.

Awards and Decorations Points

The awards you have earned during your career are a direct reflection of your performance and service. The DA 3355 awards points for specific decorations, with higher-value awards conferring more points. For example, an Army Commendation Medal (ARCOM) is worth more than an Army Achievement Medal (AAM). The maximum points you can earn from awards is typically capped at a certain level, but every medal counts. It is vital to ensure that all your awards are reflected in your official military personnel file. If you have an award that was never entered into the system, it will not appear on your DA 3355. Work with your S1 (Personnel) section to update your awards history. The point breakdown is strict, so even one missing award can make the difference between being promoted and staying in the same rank.

Military Training (Combat and Individual)

This section covers specific individual training tasks and qualifications. Points are awarded for completing tasks such as the Expert Infantryman Badge (EIB), Expert Field Medical Badge (EFMB), or for being a master fitness trainer. Additionally, having a current and valid weapons qualification score is factored in here. A perfect score on the M4 or M16 range can earn you valuable points. This section rewards Soldiers who go beyond the minimum requirements and seek out additional certifications and badges that enhance their professional competence. Keeping your training records up to date is essential, as is ensuring your qualifications are current before the promotion board meets.

Physical Fitness and Height/Weight Points

Your physical readiness is a cornerstone of Army service, and the DA 3355 reflects this. A significant number of points are awarded based on your Army Physical Fitness Test (APFT) score. A perfect 300 on the APFT earns the maximum points in this category. Even a few points improvement on your run time or push-ups can boost your total score. Furthermore, meeting the Army's height and weight standards is a gatekeeper requirement. If you exceed the allowable weight for your height, you are not eligible for promotion, regardless of your points. This section also includes points for passing the tape test (body fat percentage) within standards. Maintaining a high APFT score and staying within height and weight standards is arguably the fastest way to both accumulate and protect your promotion points.

Time in Service and Time in Grade Points

Experience matters, and the DA 3355 rewards longevity. Points are awarded for the total number of years you have served (time in service) and the number of years you have been in your current grade (time in grade). These points are automatically calculated based on your official dates of service. While you cannot accelerate time, understanding these points helps you plan. A Soldier who has been a Specialist for three years will have more time-in-grade points than a Soldier who has been a Specialist for only one year. This section ensures that

experienced Soldiers are not overlooked in favor of those who have simply accumulated many schools and awards.

How to Access and Update Your DA 3355

Your DA 3355 is not a static document. It must be reviewed and updated regularly, ideally before every promotion board. The worksheet is generated and managed through the Army's Human Resources systems, primarily through the Army Training Requirements and Resources System (ATRRS) and the Interactive Personnel Electronic Records Management System (iPERMS). You can request a current copy of your DA 3355 from your unit's S1 shop or your career counselor. Many units also make the form available through their digital portals. It is your responsibility as a professional Soldier to verify that every entry on your worksheet is accurate. Mistakes happen, and data entry errors can cost you points. Do a line-by-line review of your worksheet against your own records. Check military schools, awards, civilian education, and physical fitness scores. If you find a discrepancy, provide documentation to your S1 to have it corrected immediately.

Common Mistakes and How to Avoid Them

Many Soldiers lose promotion points due to easily avoidable errors. Here are the most common pitfalls.

- Incomplete Records: Failing to ensure all schools and awards are entered into the official system. Always provide a copy of your certificate to your S1 for upload.
- Expired Physical Fitness Test: An APFT that is older than six months may not be valid for the promotion board. Always take a record APFT before the board convenes.
- Overlooked Civilian Education: College credits and degrees can award points, but only if you have your official transcripts submitted to your education office and entered into your records. Many Soldiers forget this valuable source of points.
- Incorrect Data Entry: Your last name misspelled or a wrong date of birth can cause your worksheet to be invalid. Double-check personal information.

Avoiding these mistakes is a matter of proactive tracking and verification. Dedicate time each quarter to review your official personnel file and your DA 3355.

Strategies to Maximize Your Promotion Points

Being competitive for promotion requires a deliberate strategy. You cannot rely on time alone. Here are actionable steps to increase your score on the **DA 3355 Promotion Point Worksheet**.

1. Excel on the APFT: Aim for a score of 300. Even improving from 270 to 290 can add several points. Create a year-round fitness plan focused on the APFT events.
2. Complete All Required Schools: Get your BLC and SSD completed as early as possible. Do not wait until you are eligible for promotion; do it immediately.
3. Pursue Civilian Education: Enroll in college courses relevant to your career field. Even a few credits can add up. A full Associate's or Bachelor's degree is a significant point earner.
4. Earn Additional Badges and Certifications: If your MOS allows, pursue the EIB, EFMB, or additional skill identifiers. These not only add points but make you a more capable Soldier.
5. Keep Your Awards Current: If you have earned awards, ensure they are in your file. Do not assume your unit submitted them.
6. Maintain Height and Weight Standards: This is non-negotiable. Being flagged for weight control is a permanent bar to promotion until resolved.

The Role of the Digital DA 3355 and Modern Systems

In recent years, the Army has moved toward digital automation for the DA 3355. Systems like the Integrated Personnel and Pay System - Army (IPPS-A) are designed to automatically populate promotion point

worksheets using data from your official records. This reduces the burden on Soldiers and S1 shops. However, it also places a premium on data accuracy. If your information is not correctly entered into IPPS-A, your worksheet will be wrong. You must be the steward of your own data. Log into IPPS-A, review your profile, and ensure every section is accurate. The digital transition makes it easier to spot errors, but it also means that errors can propagate quickly. Stay engaged with the digital tools available to you, and do not hesitate to ask for help from your supervisor or your unit's personnel specialists.

Final Thoughts on the Promotion Point Worksheet

The **DA 3355 Promotion Point Worksheet** is the definitive tool that translates your Army career into a competitive score. It is a reflection of your dedication, your expertise, and your readiness to lead. Treat it with the seriousness it deserves. Do not leave your promotion to chance. Understand the point system, verify your records, and actively work to improve your score in every category. Promotion in the Army is earned, and the DA 3355 is the evidence of your effort. By mastering the worksheet, you take control of your career trajectory and demonstrate the initiative that is expected of a Noncommissioned Officer. Start today by requesting a copy of your worksheet, conducting a thorough audit, and building a plan for improvement. Your future as a leader in the United States Army depends on it.

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