SOFTWARE & TECH

Commanding Your Morning Prayer Kimberly Daniels

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Introduction

There is something profoundly powerful about the way we begin our day. The first thoughts, words, and intentions we set in motion often determine the trajectory of the next twenty-four hours. In the realm of Christian spirituality, few topics have stirred as much practical engagement as the discipline of morning prayer. Among the many voices that have championed this practice, Kimberly Daniels stands out with her transformative book *Commanding Your Morning*. Her message is not merely about saying prayers; it is about taking authority over your life, your thoughts, and your circumstances from the very first light of dawn. This article explores the core teachings of “Commanding Your Morning Prayer” by Kimberly Daniels, offering a comprehensive guide to understanding and applying this powerful spiritual discipline in your daily life.

Whether you are new to the concept of commanding your morning or a seasoned intercessor looking for deeper insight, this exploration will provide practical steps, biblical foundations, and a deeper understanding of how to use your words to shape your day and your destiny. Let us begin by understanding the messenger behind the message.

Who Is Kimberly Daniels?

Kimberly Daniels is a renowned author, speaker, and apostolic leader whose ministry focuses on spiritual warfare, deliverance, and prophetic prayer. She is the founder of Spoken Word Ministries in Jacksonville, Florida, and has written numerous books that have impacted millions worldwide. Her most famous work, *Commanding Your Morning*, has become a staple for believers who desire to take control of their daily lives through the power of spoken prayer. Daniels brings a unique blend of practical wisdom, biblical teaching, and personal testimony. She draws from her own experiences of overcoming addiction, depression, and spiritual oppression to equip others with the tools they need to walk in victory.

What sets Kimberly Daniels apart is her direct, no-nonsense approach to prayer. She does not present prayer as a passive ritual but as an active weapon for war. Her teachings emphasize that every morning is a battlefield and that the words we speak determine which side gains the advantage. The prayer she advocates is not about begging God to act; it is about aligning with God’s will and commanding circumstances to come into order according to His Word. This perspective forms the bedrock of the commanding your morning prayer practice.

The Power of Morning Prayer

Why is the morning such a critical time for prayer? The answer lies in both spiritual principle and human psychology. From a spiritual perspective, the morning represents a fresh start—a moment when the slate is clean and the enemy often seeks to steal, kill, and destroy before the day even begins. Kimberly Daniels

teaches that the enemy attacks the mind first, often through negative thoughts, fear, or confusion that arise upon waking. If left unchallenged, these seeds of doubt can grow into full-blown strongholds that affect every area of life.

Commanding your morning prayer is therefore a proactive stance. It is not reactive prayer (praying after problems arise) but preemptive prayer that sets the tone for the entire day. By speaking God's Word and declaring His promises over your life, you activate the authority that has been given to every believer through Christ. This practice engages the spiritual armor described in Ephesians 6, particularly the sword of the Spirit—the Word of God—which is meant to be wielded, not merely read.

Moreover, morning prayer aligns you with the morning sacrifice pattern found in Scripture. In the Old Testament, the priests offered the morning lamb each day (Exodus 29:39). Jesus Himself rose early to pray (Mark 1:35). By following this biblical pattern, you position yourself to receive divine direction and protection for the day ahead. The morning is also a time when the mind is most receptive; it is the gateway to your thoughts. By filling that gateway with God's truth, you create a fortress against the lies of the enemy.

Understanding Spiritual Warfare in Morning Prayer

Kimberly Daniels' teaching is deeply rooted in the concept of spiritual warfare. She does not shrink from the reality that believers are engaged in a constant battle against unseen forces. In her view, every morning presents a fresh battlefield for the mind, the will, and the emotions. The devil is not interested in your comfort—he is interested in your destiny. He attacks your day so that he can derail your life. The prayer of command is a direct response to this threat.

The basis for commanding prayer comes from Jesus' example when He commanded the storm to be still (Mark 4:39) and when He commanded demons to leave (Mark 5:8). In the same way, believers have the authority to command their bodies, their minds, their households, and their schedules to align with God's will. Kimberly Daniels emphasizes that this is not about being bossy or arrogant; it is about using the authority that Christ delegated to His followers. "Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you" (Luke 10:19, NKJV).

One key aspect of this warfare is the recognition that we do not wrestle against flesh and blood (Ephesians 6:12). Therefore, the battle is won or lost in the spirit. Morning prayer is the moment to bind the strongman, silence the accuser, and release the angels of God for the day's assignment. Daniels often teaches that we must speak directly to our circumstances—commanding them to change—rather than simply complaining or worrying. This active, authoritative prayer is what sets her approach apart from generic morning devotions.

Key Principles from Commanding Your Morning

Kimberly Daniels outlines several foundational principles that form the core of commanding your morning prayer. Understanding these principles will help you implement the practice effectively.

1. The Power of the Spoken Word

Words are containers of power. Proverbs 18:21 says, "Death and life are in the power of the tongue." Daniels teaches that your morning declarations are seeds. If you plant seeds of fear, lack, and sickness, you will harvest those things. But if you plant seeds of faith, provision, and health, your harvest will be abundant. She encourages believers to speak only what they want to see manifest in their lives. This is not positive thinking in the secular sense; it is faith-filled confession grounded in Scripture.

2. Binding and Loosing

Based on Matthew 18:18, Jesus gave believers the authority to bind and loose on earth. In morning prayer, you bind every work of darkness that would try to operate in your day—spirit of heaviness, confusion, lust, anger,

procrastination, and more. You also loose the gifts of the Spirit—peace, joy, wisdom, favor, and breakthrough. This dual action is essential for a fully commanded morning.

3. Taking Authority Over Your Day

Many people wake up and let the day happen to them. Commanding your morning means you happen to the day. You are not a victim of circumstances; you are a victor in Christ. Daniels teaches that the day does not have permission to go negative if you have already commanded it to go well. This requires boldness and consistency. She often says, “You cannot command your morning if you are afraid to open your mouth.”

4. The Role of Worship and Thanksgiving

Before issuing commands, you must enter into God’s presence with praise. Worship aligns your heart with God’s authority and silences the enemy’s noise. Thanksgiving creates an atmosphere of faith. Daniels emphasizes that commanding your morning should begin with adoration—acknowledging who God is and what He has done. Then, from that place of alignment, you can speak with authority.

5. Consistency Over Intensity

One of the greatest mistakes people make is praying powerfully for a few days and then stopping. The enemy watches for gaps in your prayer covering. Daniels teaches that morning prayer should become a daily habit, not a sporadic event. Even on days when you feel tired or discouraged, showing up and saying a few words of command is better than staying silent. Consistency builds spiritual momentum and deepens your authority.

How to Command Your Morning: A Practical Step-by-Step Guide

Now that we understand the principles, let us look at a practical framework for commanding your morning prayer inspired by Kimberly Daniels. You can adapt these steps to your personal style and schedule, but the core elements remain the same.

Step 1: Wake Up and Rebuke the Night

As soon as your eyes open, speak out loud: “I rebuke any assignment of darkness that came against me while I slept. I thank God for a peaceful night and for His protection. My sleep has been restoring, and I wake in victory.” This immediately shifts your mind from passive to active authority.

Step 2: Give Thanks and Worship

Before you ask for anything, give praise. Spend a few minutes thanking God for His goodness, His love, and His faithfulness. Sing a worship song or simply declare: “Lord, I worship You. You are worthy of all praise. I give You the glory for this new day.” This sets your heart in the right posture.

Step 3: Pray the Word Over Your Mind

Quote Scripture that applies to your mind and thoughts. For example: “I take every thought captive to the obedience of Christ (2 Corinthians 10:5). I cast down imaginations and every high thing that exalts itself against the knowledge of God. I have the mind of Christ (1 Corinthians 2:16).” This protects your mental state for the day.

Step 4: Bind the Enemy’s Works

Use your authority to bind specific spirits. You can say: “I bind the spirit of fear, anxiety, doubt, unbelief, distraction, laziness, and confusion. I bind every work of the enemy that tries to operate in my home, my relationships, my finances, and my health today. You are bound by the blood of Jesus.”

Step 5: Loose God’s Kingdom

Now loose what you want to see: “I loose the Spirit of wisdom, revelation, and power in my life. I loose favor,

divine connections, creativity, strength, and joy. I loose financial breakthrough and open doors that no man can shut. I loose healing over my body and peace over my mind."

Step 6: Command Your Day

Speak directly to your day. "Day, I command you to be productive and ordered. I command my schedule to align with God's will. I command every assignment I have to succeed. I command protection over my going out and coming in. The Lord will go before me and make every crooked path straight."

Step 7: Pray for Others and Declare Blessings

Intercede for your family, your church, your nation, and your leaders. Then, declare blessing over yourself: "I am blessed coming in and blessed going out. I am the head and not the tail. I am above only and not beneath. Goodness and mercy shall follow me all the days of my life."

Step 8: Seal with Thanksgiving and Faith

Close by thanking God for answered prayer. "I thank You, Lord, that this day is victorious. I receive what I have decreed. I seal this prayer with the blood of Jesus. Amen." Then get up and move forward with confidence, acting as if your commands are already in effect.

Common Mistakes When Commanding Your Morning

Even with the best intentions, many people struggle to maintain this practice. Here are some pitfalls to avoid.

- Praying without faith: Saying the words is not enough. You must believe that what you say will come to pass. Doubt neutralizes your authority.
- Focusing only on negative commands: Some people spend all their time binding the devil but neglect to loose God's blessings. Balance is key.
- Being inconsistent: Missing mornings creates gaps in your spiritual cover. The enemy looks for patterns of neglect. Aim for consistency even if the prayer is short.
- Using memorized prayers without heart: It is fine to have a template, but your prayer should be alive and personal. Speak from your heart and your specific situation.

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