EDUCATION

# Aashto Roadside Design Guide

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## Understanding the AASHTO Roadside Design Guide: A Foundation for Safer Highways

For transportation engineers, landscape architects, and safety analysts, the **AASHTO Roadside Design Guide** is more than a reference manual—it is the definitive source for designing roadsides that minimize the risk of severe crashes. Published by the American Association of State Highway and Transportation Officials (AASHTO), this guide provides the principles, practices, and criteria needed to create forgiving roadsides that give errant drivers the best chance of recovery without catastrophic consequences. Whether you are involved in new highway construction or evaluating an existing corridor, understanding the AASHTO Roadside Design Guide is essential for improving road user safety.

The guide addresses one of the most critical aspects of highway safety: what happens when a vehicle leaves the travel lane. Run-off-road (ROR) crashes account for a significant percentage of fatal accidents worldwide, and the roadside environment often determines whether such an incident becomes a simple excursion or a tragedy. By offering clear design recommendations for slopes, ditches, barriers, clear zones, and crash cushions, the AASHTO Roadside Design Guide helps agencies nationwide create consistent, safe roadsides.

### The Evolution of the AASHTO Roadside Design Guide

First published in 1988, the AASHTO Roadside Design Guide replaced earlier guidance that existed in fragmented forms. The original edition consolidated decades of research, crash data analysis, and practical field experience into a single, coherent framework. Over the years, the guide has been updated to reflect new findings from the American Association of State Highway and Transportation Officials' research, as well as changes in vehicle fleets, driver behavior, and safety standards.

One of the most notable updates came in 2011, when the guide was revised to align with the **Manual for Assessing Safety Hardware (MASH)**, which introduced stricter crash-testing criteria for barriers, end treatments, and other roadside safety devices. The 2021 edition of the AASHTO Roadside Design Guide continues this evolution, incorporating lessons learned from the ongoing development of connected and autonomous vehicles, as well as new emphasis on mitigating risks for vulnerable road users such as pedestrians and cyclists.

### Core Principles of the AASHTO Roadside Design Guide

At its heart, the guide is built around the concept of a **"forgiving roadside."**This philosophy acknowledges that drivers make mistakes; the roadside should not punish them unnecessarily. The key principles include:

- Clear Zone Concept: The area adjacent to the traveled way—generally considered the distance from the edge of the lane to a point where recovery is still possible—should be free of fixed obstacles, steep slopes, or other hazards. The recommended clear zone width varies based on design speed, traffic volume, and roadside geometry.

• Hazard Identification and Mitigation: Every roadside feature—a culvert, signpost, tree, or bridge pier—must be evaluated. If a hazard cannot be removed, the guide provides options for shielding it with a barrier or crash cushion, or for relocating the feature farther from the road.

• Consistent and Predictable Design: Drivers should be able to anticipate roadside conditions. Sudden changes in slope severity or the unexpected presence of a rigid obstacle can turn a recoverable departure into a lethal event. The guide encourages uniform design across similar roadway segments.

• Accommodation of All Vehicle Types: Modern fleets include motorcycles, passenger cars, SUVs, and heavy trucks. The guide addresses the differing dynamics of these vehicles, ensuring that barriers and slopes are designed for a full range of masses and centers of gravity.

## Key Design Elements Covered in the Guide

The AASHTO Roadside Design Guide is organized into chapters that address each component of the roadside environment. Some of the most critical elements include:

Side slopes are classified as traversable, non-traversable, or mildly traversable based on their steepness. For example, a 3:1 (horizontal to vertical) slope is generally considered recoverable, while a 2:1 slope may require special treatment. The guide provides detailed charts showing the maximum slope angles for different design speeds and recommends when barriers become necessary.

Ditches, culverts, and headwalls present unique challenges. A wide, shallow ditch can be safely traversed, but a deep V-shaped channel may overturn a vehicle. The guide discusses proper ditch geometry, including rounding at the bottom and flattening side slopes to allow safe crossing and recovery.

When hazards cannot be removed, barriers or crash cushions are installed. The guide differentiates between rigid barriers (concrete), semi-rigid (beam-guardrail), and flexible systems (cable barriers). It explains how to select the appropriate type based on deflection distance, site constraints, and traffic conditions. Crash cushions are addressed in detail, with guidance on placement, length of need, and end treatments.

Roadside signs and light poles are often necessary, but they can become lethal if struck. The AASHTO Roadside Design Guide encourages the use of **breakaway supports**that yield upon impact. It also covers frangible bases, slip-base mechanisms, and appropriate mounting heights to reduce injury risk.

Mature trees in the clear zone are among the most common fixed-object hazards. The guide recommends removing or relocating them where feasible, or shielding them with barriers. It also addresses landscaping in median areas and at interchanges to balance safety with aesthetic and environmental goals.

The approach end of a barrier or a guardrail is especially dangerous if not properly terminated. The guide covers energy-absorbing end treatments (e.g., ET-2000, X-Tension) and the need for smooth transitions between different barrier types to prevent vehicle snagging.

## Applying the AASHTO Roadside Design Guide in Practice

Engineers typically begin by defining the design speed, traffic volume, and functional classification of the roadway. Using these inputs, they determine the recommended clear zone width from tables in the guide. Next, a field or plan review identifies any roadside elements within that zone. Each element is then evaluated using a **“warrant” approach**: if removal or relocation is impractical, a barrier or crash cushion is warranted based on the likelihood of a crash and the severity of the consequence.

One common application is the design of median barriers for divided highways. The guide provides criteria for when a median barrier is justified, often based on the median width and traffic volume. For narrower medians (e.g., less than 30 feet), a barrier is almost always recommended. For wider medians, a flared or sloped design may allow recovery without a barrier.

The guide also plays a major role in **road safety audits (RSAs)**and systemic safety analyses. Many state

DOTs require that all new construction or major reconstruction projects comply with the latest edition of the AASHTO Roadside Design Guide. Additionally, existing roads are often retrofitted based on the guide's recommendations during resurfacing, restoration, or rehabilitation projects.

## Relationship with Other AASHTO Guides and Standards

The AASHTO Roadside Design Guide does not exist in isolation. It complements the **AASHTO "Green Book" (A Policy on Geometric Design of Highways and Streets)**, which covers alignment, cross-section, and lane widths. While the Green Book tells you how to design the roadway itself, the Roadside Design Guide tells you how to design everything beyond the edge of pavement. It also works closely with the **Highway Safety Manual (HSM)**, which provides quantitative methods to predict crash frequency, and the **Manual for Assessing Safety Hardware (MASH)**, which specifies crash testing standards for roadside devices.

When a local agency or consulting firm prepares a set of roadway plans, they will typically cite the applicable sections of the AASHTO Roadside Design Guide alongside the Green Book and state-specific supplements. Consistency across these documents ensures that the final design is both safe and legally defensible.

## Recent Updates and Emerging Trends

The 2021 edition of the guide introduced several important changes. One of the most significant is a stronger emphasis on **accommodating all road users**, including bicycles and pedestrians. For example, the guide now includes discussion on the placement of barriers near shared-use paths to prevent bicycle and pedestrian collisions with errant vehicles. Additionally, guidance was added for **work zone temporary barriers**, reflecting the increasing number of construction projects on high-speed roads.

Another emerging trend is the integration of **resilient and environmentally sensitive design**. Stormwater management features, such as bioswales and rain gardens, are being placed closer to the roadway to treat runoff. The guide now offers advice on how to design these features so that they remain safely traversable by an errant vehicle—typically by flattening the side slopes and avoiding abrupt vertical drops.

The rise of **automated and connected vehicles (AVs/CVs)**has also prompted updates. While these vehicles may reduce driver error, they will still face mechanical failures and unexpected hazards. The guide notes that roadside design should remain robust, as many AV technologies rely on lane markings and clear sight lines that can be disrupted by barrier placement or vegetation. A forgiving roadside will continue to serve as a vital layer of safety even in an automated future.

## Challenges and Considerations for Practitioners

Implementing the AASHTO Roadside Design Guide is not always straightforward. Engineers often face constraints such as limited right-of-way, environmental restrictions, budgetary limitations, or community opposition to tree removal. The guide acknowledges these real-world pressures and provides a **"risk-based" approach**that allows for informed decision-making. For example, if a clear zone cannot be achieved because of an adjacent historic wall, designers can justify using a barrier with appropriate end treatments rather than forcing a removal that would be impractical or culturally insensitive.

Another challenge is **maintaining consistency**across a jurisdiction. Large DOTs with many districts often develop their own policies and supplements based on the AASHTO Roadside Design Guide, but local variations can confuse contractors and reduce safety. Continuous training and peer review are necessary to ensure uniform application.

Finally, **public perception**matters. Installing barriers or removing trees can trigger negative reactions from communities that value aesthetics. Practitioners must balance safety benefits with stakeholder input, often using crash data and benefit-cost analysis from the guide to explain why certain roadside measures are necessary.

Conclusion: The Roadside Design Guide as a Lifesaving Resource

From guardrail placement to drainage ditch geometry, the **AASHTO Roadside Design Guide**touches nearly every square foot of highway infrastructure. It transforms decades of crash research into practical, actionable design policies that make roadsides more forgiving and road users safer. By following its principles, transportation professionals can reduce the severity of run-off-road crashes, prevent needless fatalities, and build a transportation network that forgives human error.

Whether you are a seasoned highway engineer or a student just beginning to study transportation safety, the AASHTO Roadside Design Guide remains a cornerstone reference. It is not just a collection of rules—it is a philosophy of designing with care, acknowledging that every roadside element can either save a life or take one. By staying current with its tenet and applying its recommendations faithfully, we can move closer to a future where no one dies because of a poorly designed roadside.

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